

NUT-FREE POLICY

Policy Owner	Head of School and Medical Team
Approved by	Ms Sapna Changrani (Head of School)
Review Date	June 2026
Next Review Due	June 2027
Circulation	All Staff, Students, Parents; School Website; KHDA Inspection File

1. PURPOSE AND SCOPE

Dubai Scholars Private School is a nut-free and allergy-aware school. For the protection of students with serious peanut and tree-nut allergies, food from our suppliers does not contain peanut butter or nut products.

All food brought to school must be nut-free. Absolutely no baked goods containing nuts, or processed in a plant with nuts, may be brought on campus — including birthday or celebration treats. Specifically, the following items must not be brought into school, on school trips, or provided for celebrations: nuts of any kind (almonds, cashews, pistachios, walnuts, etc.), peanut butter, Nutella or similar spreads, chocolate containing nut traces, muesli bars, baklava, nougat, biscuits containing nuts, Turkish delight, homemade cakes, and marzipan.

If your child has an allergy of any sort, please inform the school Nurse and class teacher at the start of the school year.

2. ROLE OF THE PRINCIPAL / HEAD OF SCHOOL

- Communicate the Nut-Free Policy to teachers, parents/guardians, and students.
- Organise in-service training for all school staff as part of policy implementation.
- Ensure all staff comply with the Nut-Free Policy.

3. ROLE OF THE OPERATIONS MANAGER

- Review the Nut-Free Policy in a timely manner.
- Keep a list of all students with food/nut allergies and their contacts and inform all staff.
- Keep records of any food/nut allergy incident at school.
- Inform parents effectively and promptly of any major incident during school hours.
- Liaise with the medical team.

4. ROLE OF TEACHERS AND STAFF

- Be aware of the Nut-Free Policy of the school.
- Be aware of the list of students with food allergies and their contact details.
- Identify the need for first aid in case of food/nut allergy and refer promptly to the school clinic.
- Carry a first aid box with EpiPen during field trips.
- Ensure that any child with a nut allergy is carrying an EpiPen.

5. ROLE OF PARENTS/GUARDIANS/CAREGIVERS

- Provide medical information to the school clinic during admission.
- Provide an EpiPen for a child with an allergy.
- Inform the medical team and class teacher of any recent illness of their child.
- Provide consent for basic first aid to school clinic staff.

6. ROLE OF THE MEDICAL TEAM

Dubai Scholars Private School Clinic is a DHA-registered Outpatient Care Facility. All medical staff are BLS certified; the school doctor is PALS certified; one nursing staff member is ACLS certified.

- Keep a list of students with nut/food allergies and parents' contacts in the clinic.
- Inform all staff of students with nut/food allergies.
- Provide first aid and appropriate treatment promptly.
- Train all staff members in the use of an EpiPen.
- Maintain an Individualised Health Care Plan for each student with chronic illness.

7. ROLE OF THE STUDENT

- Be familiar with the Nut-Free Policy of the school.
- Do not bring food to school which contains nuts or nut products.
- Do not share food with anyone.
- Carry an EpiPen if a confirmed case of severe nut/food allergy.
- Parents are encouraged to remind their children to not to eat or drink anything of unknown ingredient given to them by another student, and, depending on their developmental level, should be proactive in the care and management of their own food allergy, communicating immediately with a trusted adult about any symptoms or exposure. Parents are encouraged to remind their children

8. MONITORING AND REVIEW

The Operations Manager should evaluate and monitor training certificates of all medical staff members and first aiders. This policy will be reviewed annually, or as required due to new health regulations.

12. POLICY REVIEW

 This policy will be reviewed annually, or sooner if required, to reflect operational needs, changes in legislation, or updated guidance from DHA.