



# DS NUT FREE POLICY 2025-2026

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## Goal:

Teachers /staffs/ parents /guardians /care givers and Students shall be aware of the nut free policy and they should have access to the help line in school.

#### Introduction:

At Dubai Scholars Private School the safety and well-being of our students and staff are of paramount importance. This First Aid Policy outlines our commitment to providing immediate and appropriate first aid to those in need within our school community.

## 1. Purpose and scope of the nut free policy

Dubai Scholars Private School is a nut-free and allergy-aware school. For the protection of students with serious peanut and tree-nut allergies, food from our suppliers does not contain peanut butter or nut products. To ensure the safety of our students, all food brought to School should be nut-free. Absolutely no baked goods containing nuts or processed in a plant with nuts may be brought on campus, including birthday or celebration treats. When you do bring food to school for your child's classroom to share or other events, be very vigilant of food allergies and dietary restrictions. We should consult your child's teacher and class parents beforehand.

If your child has an allergy of any sort, please inform the school Nurse and his/her class teacher at the start of the school year.





# 2. Role of The Principal/Head of School:

As the instructional leader, the principal has a continuing role in policy implementation. The principal should:

- 2.1 Communicate the nut free policy to teachers, parents/guardians, and students.
- 2.2 Organize in-service training for all school staff as part of the policy implementation.
- 2.3 Ensure the staff complies with nut free policy.

# 3. Role of Operations Manager

Operations Manager should

- 3.1 Review nut free policy in timely manner.
- 3.2 Keep a list of all students with food/nut allergies with their contacts and inform the same to all staff members.
- 3.3 Keep records of any food/nut allergy incidence at school.
- 3.4 Inform parents effectively and timely of any major incident during school hours.
- 3.5 Liaise with medical team.

#### 4 Role of Teachers and staff

Teachers and staff members should be.

- 4.1 Aware of nut free policy of school.
- 4.1 Aware of list of students with food allergy in school with their contact details.
- 4.3 Identify need of first aid in case of food/nut allergy and should refer in timely manner to school clinic.
- 4.4 Be aware of students with food/nut their first aid need.
- 4.5 Carry a first aid box with EpiPen during field trips.
- 4.6 Ensure that any child with allergy is carrying an EpiPen.

## 5. Role of the Parents/Guardians/Care giver:

They should

- 5.1 Provide medical information to the school clinic during the time of admission.
- 5.2 Provide an EpiPen to a child with allergy.
- 5.3 Inform medical team and class teacher of any recent illness of their child/children.
- 5.4 Provide consent of basic first aid to the school clinic staff members.













#### 7. Role of The Medical Team:

Dubai Scholars Private School Clinic is a Dubai Health Authority (DHA) registered Outpatient Care Facility.

It has DHA registered four Registered Nurses and One General Practitioner. Medical staff is in proportion to the strength of the school.

All medical staff members are Basic Life Support (BLS) certified.

Additionally, school doctor is Paediatric Advanced Life Support (PALS) Certified and one nursing staff is Advanced Cardiac Life Support (ACLS)Certified

Medical Team should

- 7.1 Keep the list of students with nut/food allergy students with their parents' contacts in the clinic.
- 7.2 Inform and provide list of students with nut/food allergy to all the staff members.
- 7.3 Provide first aid and appropriate treatment in timely manner.
- 7.4 Refer students or staff member if required.
- 7.5 Inform about any first aid / medical incident to the parents, administration and the academic team in timely manner.
- 7.5 Keep all the records of treatment given in the school clinic.
- 7.6 Maintain all the first aid and check weekly for any expiry and refilling and maintain the record.
- 7.7 Ensure that all staff members are aware of the place of first aid boxes.
- 7.8 Take consent of parents for the basic first aid, medicine administration, including administration of an EpiPen at the beginning of the academic.
- 7.9 Should make sure that students with severe nut/food allergy, should carry and EpiPen.
- 7.10 Should train all staff members in using an EpiPen.
- 7.11 Should maintain Individualised health care plan for each student with chronic illness.

## 8.Role of The Student:

The student should:

- 8.1. Be familiar with the nut free policy of the school.
- 8.2 Should not bring food to school which contain nut or nut products.
- 8.3 Should not share food with anyone.

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- 9.Evaluation/Monitoring:
- 10.1 Operations Manager should evaluate and monitor training certificates of all medical staff members and first aiders.
- 11. Review and Evaluation

This policy will be reviewed once every two years or as required due to new health regulations.







