



DUBAI SCHOLARS
PRIVATE SCHOOL



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Dear Parents,

The healthier you are, the happier you are!

Let's for a second, put ourselves in the shoes of a student, revelling novel experiences, growing in your own person, and facing the innumerable expectations that come with excelling in academic life --- How would it feel?

Being at a 100% is incredibly exhilarating. Whilst accepting its undeniable positives, we understand that leading a student life comes with so much more: a mix of emotions, uncertainties and fears.

As a school, we celebrate students' academic success! However, our concern does not end there; we care for the whole student and a personality in making, addressing all aspects of young individual's needs, pushing our curricula beyond academic excellence.

We're talking about steps we, as a school, can take to address some of the challenges young people face as they experience learning. How our students feel emotionally is paramount and a determinant of a mindful school.

Our Well-being Motto, this year, dwells of an idea embodied across *the healthier you are the happier you are*. The wellbeing team which comprises of all staff, but we do have some champions and ambassadors who have geared and are equipped to take on tough topics of culture, mindfulness, mental health, anxiety, routine (planning and execution) through curated well-being programs and initiatives.

As parents, you can expect such initiatives that are aimed at lifestyle awareness, attention to holistic health, self-care, and extending care to loved ones.

We are happy to share our Wellbeing Vision with all our stakeholders, please note that if you wish to share your feedback and suggestions, **please contact our wellbeing champion & school counsellor**. Ms. Ditty Adavichira.

Email id: ds.counsellor@dubaischolars.com

Keep Smiling and Keep Safe

Thanking you

Sapna Changrani
Vice Principal & Head of Secondary

Wellbeing Vision

Welcome to your SAFE SPACE!

Dubai Scholars is committed to providing a safe, secure, and stimulating learning environment for all students.

Our aim is to ensure that all our students and staff realise that to achieve their full potential, they need to be happy, healthy and safe.

We nurture our students through integrated student wellbeing Activities that focus on Mindfulness and Positive Affirmations.

Events/Activities/ Campaigns and Projects are planned throughout the year, that -

- Promote safety and protection of every child
- Encourages Attendance
- Fosters inclusion
- Promotes engagement with learning and participation in all aspects of school life
- Builds leadership capacity
- Builds resilience
- Provides health and wellbeing education
- Seeks and honours student voice
- Cultivates the understanding and practice of core values, student code of practice and student behaviour policy

This facilitates the formation of confident, creative, and resilient individuals.

Dubai Scholars understands that student wellbeing and achievement is enhanced by connectedness to, pride in and engagement with the school.

SAFEGUARDING & CHILD PROTECTION

Our School Safeguarding and Child Protection Policy reflects the ethos of the School, which is the creation of a safe and supportive environment for children. We also recognize that children have the right to live in healthy environment, without violence and fear and we possess inevitable rules and regulations. Child safety is extremely important at our school and our teachers and other school staff are particularly well placed to observe any outward signs of abuse or changes in behaviour in the children and to ensure early help.

Link:

[DS Mental Health & Wellbeing Policy](#)

[DS Safeguarding Policy](#)



CORE VALUES

INTEGRITY

Stand up for what we believe, be honest with ourselves and others, demonstrate fairness in our judgements and actions, fulfil commitments and promises.

COMPASSION

Promote a peaceful, caring and safe community, understand the circumstances and viewpoints of others, develop the capacity to forgive others and ourselves.

EMPATHY

Understand and share another person's experiences, thoughts and emotions.

RESPECT

Believe in the inherent dignity of all people, value and appreciate diversity mutual respect for our parents, teachers, support staff and students as one community.

ACCOUNTABILITY & RESPONSIBILITY

Take ownership of our behaviour as individuals, encourage independent learning and empower students to embrace responsibility.